

2005 CPR PRO GUIDELINES

Adult	Child	Infant
Onset of Puberty 12-14 Years	1 year to the onset of puberty	Less than one year

Assess Scene:

If not safe or becomes unsafe at anytime get out!

Assess Patient:

Check for response, If patient is unresponsive or not moving.....

Alert:

As soon as the patient is found * Give 5 cycles of CPR 2 Minutes.....

Attend to the ABC's

Airway: Open airway head tilt chin lift

Breathing: Initial 2 rescue breaths give each breath in 1 second. Make chest visibly rise.

Circulation: Check the pulse for 5-10 seconds

Compressions:

30 compressions 2 Breaths

Push hard, fast, complete recoil, minimize interruption
About 100 per minute

1 ½ to 2 inches

1/3-1/2 depth of chest

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Rescue Breathing:

10-12 Breaths

12-20 Breaths

12-20 Breaths

2 Rescuer Child & Infant ONLY: 15 Compressions 2 Breaths

CROSS' LIFELINE EMERGENCY TRAINING

O: 1866.508.7234 F: 623.266.9637

www.crosslifeline.com

Info@crosslifeline.com

